

# Strategies to Build Resilience and Mitigate Burnout in the Public Health Workforce

You are invited to a free webinar!

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ICF has partnered with the Centers for Disease Control and Prevention to conduct a landscape assessment on factors that promote resilience and mitigate workplace burnout. Join us for an engaging webinar where we will delve into the findings and discuss actionable evidence-based strategies to foster resilience and combat burnout and stress in health departments.

**Date:** Monday, June 24, 2024

**Time:** 3:00-4:00 PM EDT

**Registration Link:** [Strategies to Build Resilience and Mitigate Burnout in the Public Health Workforce](#)

During this free webinar, we will unveil the next steps of our project. In the first phase, the team identified ten workplace strategies geared towards building resilience and responding to employee burnout. **We are thrilled to announce the launch of a pilot project aimed at implementing these strategies in health departments in the United States!** This pilot project presents a unique opportunity for US state, local, tribal, and territorial health departments to actively participate in creating healthier work environments. Participating pilot sites will choose which strategies to implement with support from the project team. Pilot sites will then provide feedback on the perceived effectiveness, applicability, and implementation challenges of their chosen strategies. Health departments interested in participating are encouraged to attend the webinar to learn more about how they can participate as a pilot site.

Whether you are an employee, supervisor, manager or simply interested in promoting well-being, this webinar is for you. [Register now](#) to secure your spot and learn more about building resilience and combating burnout!

We encourage you to share this invitation with leaders in your organization, or others who you think might like to attend. If you need additional information, please reach out to the research team at [TheResilienceProject@icf.com](mailto:TheResilienceProject@icf.com). We look forward to having you join us for this important discussion. Together, let us create a healthier and more resilient future.