September is Food Safety Education Month

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2018 Plan

For **Food Safety Education Month**, CDC is sharing information on the risk of foodborne illness and steps people can take to protect their health.

- Help increase food safety awareness in your community by sharing messages through your social media channels, on your website, and in your newsletter.
Who is at higher risk

- Children younger than age 5
- Adults aged 65 and older
- People with weakened immune systems from medical conditions or their treatment, such as cancer, HIV/AIDS, or diabetes
- Pregnant women
When should you go to the doctor?

Severe symptoms:
- High fever (temperature over 101.5°F)
- Bloody diarrhea
- Frequent vomiting
- Dehydration
- Diarrhea for more than 3 days
Prevent food poisoning

Take action

- Watch and share videos of groups at higher risk for food poisoning, and severe symptoms that should send you to a doctor. Share CDC’s buttons and banners and social media messages to prevent foodborne illness. (use the hashtag #foodsafety)
- Join the September 24 Twitter chat, from 2-3 pm, co-hosted by Media Planet, National Restaurant Association, and CDC. #foodsafetychat
- Promote online food safety resources for restaurant managers and environmental health professionals, and read information for health departments
Questions?

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